

## BETWEEN FIELDS – “A journey between the karst surface and underground in Notranjska”

We offer you a chance to discover and explore the area of the Classical Karst,  
which is known worldwide for its special landscape features.

### Notranjska – a part of the Classical Karst

Notranjska is a land of high plateaus, hills and fields. The area between the Loško and Cerkniško polje (Fields) is a typical transitional territory between the sink area of one polje and the spring area of the other. The Obrh Stream disappears in the Loško polje (Field) through the many sinkholes, and when water levels are running high, it also sinks through the two entrances into the Golobina Cave.

On the opposite side, near the karst springs of Cemun and Obrh, the Cerkniško polje (Field) is home to various wild animals and special plants that have adapted to the transition from water to dry meadows.

The farm at the edge of the Cerkniško polje still performs traditional farming chores, such as cutting grass with a scythe, hay harvesting, producing apple vinegar, plum brandy, and shepherding small cattle. From Otok, the only village in Slovenia that is actually an island, a *lojtrnik* (traditional hay cart) takes passengers to the village of Dolenje Jezero. Jezerski hram is a museum where you can experience a comprehensive multimedia interpretation of the area. There are also a lot of options for you to sample some of the local culinary treats.

### Starting point:

The starting point of our journey is the **village of Dane in the municipality of Loška dolina in Notranjska**, which can be reached from Ljubljana by car in less than an hour.

### Trip description:

After the initial orientation, we will take a short walk and explore the karst sink area of the Obrh Stream and 2 entrances of the Golobina Cave in the Loško polje. This is where we will analyse the quality of the surface water. We will then take a 10 minute drive to the spring area of Lake Cerknica (Cerkniško polje). From the Church of St. Cantianus in the village of Gorenje Jezero, we will take a walk along the edge of Lake Cerknica and explore various karst springs, sinkholes and estavelles, we will look for animal tracks, and learn about the plant life in the forests and in the wet and dry karst meadows. After 1.5 hours of walking, we will arrive in the village of Laze pri Gorenjem Jezeru where the locals will give us a glimpse into the daily life of a farmer on the edge of Lake Cerknica. They will help us with one of the traditional farming chores and we will sample some of the food from the local self-supply.

After a 10 minute drive, we will reach the village of Otok where a *furman* (traditional cart driver) will be waiting for us with a *lojtrnik* hay cart and a team of horses. He will take us for a ride along the edge of Lake Cerknica to the village of Dolenje Jezero. On this journey, we will listen to stories of cart drivers and the sounds of nature inside this unique seasonal ecosystem known already to the ancient Greeks and made famous by Janez Vajkard Valvasor. In Dolenje Jezero, we will immerse ourselves into the professional multimedia interpretation of the phenomenon of Lake Cerknica and relive the life at the lake in different seasons. To



finish off the day, we will visit a nearby farm and treat ourselves to the local culinary masterpieces.

**Length (km):**

- On foot: 6 km
- By car: 20 km
- With the *lojtrnik* hay cart: 4 km

**Duration:**

- Walk across the Loško polje and visit to the entrances of the Golobina Cave: 1-1.5 hours
- Walk across the Cerkniško polje (Lake Cerknica): 1.5 hours
- Drive by car/van to individual locations: 0.5 hours
- Ride with the *lojtrnik* hay cart: 1 hour
- Visit to the T'Dolenj Farm in the village of Laze pri Gorenjem Jezeru, light meal and free time: 1.5 hours
- Visit to the Jezerski hram Museum and the interpretation of the heritage in the village of Dolenje Jezero: 1.5 hours
- Lunch at the end of the tour: 1 hour
- **TOTAL: 8-9 HOURS**

**Difficulty:**

**The trip is not difficult.** Walking trails run across flat, slightly undulating and varied terrain. **Hiking shoes are mandatory.**

**Package includes:**

Professional guidance with heritage interpretation.

Visit to the T'Dolenj Farm including an interpretation of farming chores and a light meal.

Lunch made from local self-supply (Levar Farm).

Ride with the *lojtrnik* hay cart.

Visit to the Jezerski hram Museum.

**Price:**

2 persons – 100.00 EUR per person

3-5 persons – 70.00 EUR per person

6-8 persons – 50.00 EUR per person

**\*50% discount for children aged 6 to 15**

**Other:**

The programme is conducted in groups consisting of a minimum of 2 to and a maximum of 8 people.

**It requires intermediate fitness levels and is also suitable for children of 6 years and above.**



If you have a medical condition or any other issues, we ask you to inform the organiser beforehand.

In case of extremely bad weather (heavy rain) or other events beyond the control of the organiser, the programme is cancelled or rescheduled. Customers will be informed of the cancellation at least 12 hours before the start of the trip. Any amount already paid will be reimbursed within 7 working days of the cancellation.

